

Getting It Right For Every Child (GIRFEC)

How this leaflet can help you...

This short infographic explains some of the basic GIRFEC terms so you can familiarise yourself with the language you may hear at your child's school.

What you need to know...

GIRFEC is a national programme in Scotland that aims to improve the wellbeing of all children and young people by giving them the right help, at the right time, from the right people and in the right place.

You can find out more about GIRFEC on the Scottish Government website: www.gov.scot/gettingitright

How GIRFEC can help...

All services working with children and young people (including schools) should play their part in promoting, supporting, and safeguarding children's wellbeing.

The wellbeing wheel

The wellbeing wheel shows the eight 'wellbeing' indicators (sometimes called 'SHANARRI' indicators) that help explain what wellbeing means. When thinking about a child's wellbeing, professionals will use these wellbeing indicators to decide whether support is needed and what type of support would help the child.



Safe **Healthy** **Achieving**
Nurtured **Active** **Respected**
Responsible **Included**

What if your child has additional support needs

Each child is unique. The wellbeing needs of each child or young person should be looked at individually and adequate support should be put in place to meet those needs. Remember you and your child should be involved and have your views heard as a part of assessing their wellbeing.

It can be helpful for parents to remember the wellbeing indicators and use them when speaking to your child's school about any concerns. So, if for example your child does not have the right support in class and is being taught in a separate classroom on their own, you could say you are concerned they may not feel "respected" or "included".

The wellbeing indicators can be used by the school to make sure that:



there is support in the playground to keep your child safe



your child is supported in their learning if they are too unwell to attend school



your child is supported in their learning and in their development



your child is supported in a nurturing environment



your child has the opportunity and support to take part in school activities



your child's views are listened to and respected



your child has the opportunity and support to play active and responsible roles in their school



your child has the opportunity and support to go on school trips.

Enquire can:

- help you feel informed about your child's rights to additional support
- offer advice on how to work with your school to get the right support in place
- explain options for resolving disagreements.

Order a copy of our 'Additional support for learning: A guide for parents and carers'
www.enquire.org.uk/publications