Enquire factsheet

Children’s rights to education and additional support in school

This factsheet is in three sections.

Section 1 explains:
• what the law says about your child’s rights to education and support
• the specific rights of children aged 12-15.

Section 2 explains:
• how schools and local authorities decide whether or not a child can use their rights.

Section 3 explains:
• what happens if your child wants to use their rights
• the support available to help them use their rights.

The advice in this factsheet applies to children who attend a local authority pre-school, school or partnership nursery; or have a place at an independent or grant-aided special school funded by a local authority.

This factsheet provides information about children under 16.
Section 1: Understanding children’s rights

School education

Every child in Scotland has the right to an “adequate and efficient” school education that aims to develop their “personality, talents and mental and physical abilities... to their fullest potential.”

Additional support for learning

Under Scottish law every child has the right to additional support if they are unable to benefit fully from school education without it.

The additional support should be “adequate and efficient” and aim to help them reach their fullest potential.

Local authorities (councils) must make arrangements to identify each child’s support needs and to monitor the support provided to make sure their needs are met.

Local authorities must also ask for and take account of children’s views and involve them in decisions that affect them about additional support for learning.

In some situations children have the right to appeal against being excluded from school.

Most children can also refer their case to the Additional Support Needs Tribunal (ASNT) if they think their school has discriminated against them because of a disability.

For information about the rights of children aged 16 and over, see page 8.

Explainer:
The ASNT is an independent and expert body. It hears and decides appeals made by parents, children and young people about disagreements on some issues regarding additional support for learning.

For more information about the ASNT, see Enquire factsheet: Resolving disagreements.

Children aged 12 to 15 — new specific rights

Under the law on additional support for learning, children aged 12-15 have other specific rights. They were given these rights in 2018 to make sure that their views are listened to and that they are properly involved in decisions about their education and support. These rights will be of particular use to children whose parents may not be able to act for them (for example, young carers or looked after children).

1Standards in Scotland’s Schools etc. Act 2000

2The Education (Additional Support for Learning) (Scotland) Act 2004 (as amended)
Explainer:
A CSP is a plan that local authorities can prepare for children with complex needs who need support from education bodies as well as other agencies such as health or social work.

Types of specific assessment include:
- educational
- psychological
- health
- social work.
**Rights to be involved in resolving disagreements**

Children aged 12-15 have the right to:
- ask for independent adjudication
- appeal to the ASNT about CSPs or the failure of schools to adequately plan for the time after they leave school
- be asked for their views during any independent mediation that takes place.

**Explainer:**
Independent mediation is a voluntary process. An independent third party helps those involved in a disagreement to work together to find a solution that everyone involved can accept. For more information, see Enquire factsheet: Mediation.

**Rights to support to have their views heard**

Children aged 12-15 can:
- have a supporter or advocate with them to get their views across at any relevant meetings about their additional support needs
- get support from My Rights, My Say, which provides:
  - advice and information about their rights
  - advocacy and support in meetings and discussions with a school or local authority
  - advocacy and legal representation for ASNT appeals.

**Explainer:**
Independent adjudication is when an independent adjudicator reviews the circumstances of a dispute and recommends ways of resolving it. For more information, see Enquire factsheet: Resolving disputes using independent adjudication.

Before a child can use their rights, the school or local authority must agree they have the capacity to do so. The school or local authority must also check that a child’s wellbeing will not be negatively affected by using their rights. Find out more about capacity and wellbeing in section 2 of this factsheet.
Section 2: Understanding how schools and local authorities decide if a child can use their rights

What ‘capacity’ means

If your child is aged 12-15 and wants to use these rights, the school or local authority must check that the child has ‘capacity’ to do so. There will not just be one decision about your child’s capacity to use all their legal rights. A decision about capacity will be made regarding the particular right your child wants to use, at the time they want to use it.

Depending on the right your child wants to use, the school or local authority must check whether your child has the maturity and understanding to:

- carry out an action (such as request an assessment)
- understand any information or advice the school or authority might give them about their additional support needs or their rights
- understand the information in their plan (such as a co-ordinated support plan)
- give their view (for example, during mediation)
- make a decision (such as to let their information be shared with other agencies when they leave school). When checking if your child has capacity to make a decision, the school or local authority will consider whether your child is able to discuss their decision, remember what their decision was, and understand what it might mean for them.

The school or local authority will use any available evidence it has about your child’s learning and development to decide if your child has capacity or not. It might, for example, consider their progress in school as well as their attitudes to their own health and wellbeing.

Impact on wellbeing

Before your child (aged 12-15) makes use of their rights, the school or local authority must decide if your child’s use of their rights will negatively affect their wellbeing.

Professionals will look at several areas of wellbeing to decide whether your child’s use of their rights will negatively affect their wellbeing. They will consider whether it will affect your child being:

- Safe
- Healthy
- Achieving
- Nurtured
- Active
- Respected
- Responsible
- Included

(These are called the wellbeing indicators.)
Common questions about capacity and impact on wellbeing

Who will assess my child’s capacity and impact on wellbeing?
In most cases your child’s teacher will assess your child’s capacity and any potential impact on wellbeing. In some cases other local authority staff (such as an educational psychologist) may be involved.

What if my child is new to a school or local authority?
If a child is new to a school or local authority, professionals will use information from learning plans or from talking to other professionals who know them well to assess their capacity and the impact on their wellbeing.

When will I get the decision about my child’s capacity and wellbeing?
The law does not set a time limit for assessing capacity and impact on wellbeing. However, it is expected that schools and local authorities will make decisions as quickly as possible and let both you and the child know soon after.

What if my child or I disagree with a decision about capacity or wellbeing?
If you or your child disagree with a decision about capacity or wellbeing, you or your child can refer this to the ASNT. You can find out how to do this on the ASNT website, www.healthandeducationchamber.scot

If your child makes a request to use their right and this is refused because they lack capacity or it will negatively affect their wellbeing, you can still act on your child’s behalf using your parental right to make the original request. You can find more information about your parental rights in our Parents’ guide to additional support for learning.
Section 3: What if my child wants to use their rights?

What should my child do if they want to use their rights?

In many cases, professionals will have identified your child’s needs and be working with you and your child to agree the support needed. Your child may not need to go through a formal process of asking to use their rights but this option is available.

If your child is aged 12-15 and is thinking about using their rights, you may want to talk about whether he or she will do so or whether you will use your parental rights to make a particular request. It is not expected that parents and children will use their rights at the same time or to overturn a request that a school or local authority has already considered.

If your child wants to make use of their rights, they must first tell their school or local authority. They must do this in writing (letter or email) or in another way that can be kept for future reference. You can help them with this.

The local authority must let you know that it intends to assess your child’s capacity and the impact of using their rights on their wellbeing.

If my child is aged 12-15, what support is there to help them use their rights?

Before the school or local authority takes any further action, it should tell your child about the support available to help them use their rights.

Your child can access direct support to use their rights from My Rights, My Say. My Rights, My Say is a partnership between Enquire, Children in Scotland, Partners in Advocacy and Cairn Legal, and provides:

- advice and information about children’s rights
- advocacy to support children to use their rights
- support to professionals to gather children’s views and make sure they are heard in formal processes (for example, assessments)
- legal representation to support children making a reference to the ASNT.
How will I be involved if my child is using their rights?

Most parents will remain involved in their children’s education, attending planning meetings and receiving copies of any letters or plans.

What if my child is 16 or over?

Once a child reaches 16, it is assumed they are able to act on their own behalf unless they are assessed as not having capacity. This means they have the same rights as parents and carers. You can find more information about your parental rights in our parents’ guide.

You, as a parent, can make decisions for your child aged 16 or over if they lack capacity to do so themselves. See the Adults with Incapacity (Scotland) Act 2000 for more information about this: www.gov.scot/Publications/2008/03/25120154/1

Where to find more information

Enquire

For more information, see our Parents’ guide to additional support for learning, (2018)
www.enquire.org.uk/publications

Enquire factsheet: Co-ordinated support plans (2018)

Enquire factsheet: Mediation (2018)

Enquire factsheet: Education and additional support after 16 (2018)

Enquire factsheet: Resolving disputes using independent adjudication (2018)

Enquire factsheet: Resolving disagreements (2018)

Scottish Government

Supporting children’s learning code of practice (third edition) 2017
www.gov.scot/Publications/2017/12/9598

Additional Support Needs Tribunal
www.healthandeducationchamber.scot

You or your child can make a referral for support at, www.enquire.org.uk/myrightsmysay Depending on the support they need, they will be referred to the appropriate part of the service.

You can find out more about My Rights, My Say by contacting our helpline on 0345 123 2303.

Children can find information about their rights and what might happen if they want to use them on the Reach website, www.reach.scot

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Enquire is the Scottish advice service for additional support for learning. We provide independent and impartial advice to parents and carers, to practitioners in education, social work and health services, and to children and young people themselves.

www.reach.scot offers advice to young people struggling at school. With practical tips on what can help and young people sharing their views and experiences on all sorts of life issues, Reach offers the ‘go-to’ source of advice to help pupils make the most out of their education.

This factsheet has been awarded the Clear English Standard.

Contact details
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(Access to interpreters through Language Line)
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Email: info@enquire.org.uk
www.enquire.org.uk
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